
SNACK GUIDELINES

Monday	FRUIT
Tuesday	VEGETABLES
Wednesday	FRUIT
Thursday	VEGETABLES
Friday	FRUIT

PLEASE REMEMBER

- **NO NUTS, NO NUTS, NO NUTS!** All tree nuts are prohibited.
- Send 4 dozen prepared snack servings, cups, napkins, & one gallon of milk or 100% juice for your preschooler's class; less for toddlers.
- Please include plates, bowls, forks or spoons when necessary.
- Make sure the snack is washed, cut and prepared to serve.
- Include an ingredient list with all homemade food items.
- Children with food allergies should bring an individual snack each day or keep an alternative snack on site.
- Label all containers so they can be returned to you.
- Snack is served twice a day. Leftovers are served in aftercare.
- Do not send pudding cups, jello, fruit chews, cupcakes, cookies, candy, marshmallows or any other sweetened, processed food products for snack. The same rules apply for birthday snacks. **SEE THE TEACHER FOR HELP.**
- Have fun with the snack day! Let your child help select and prepare the snack he wants to serve and the item he wants to share.

Providing snack is such an important contribution! It creates variety, reduces work for the staff, and helps to keep our costs down! Your snack costs are tax deductible as allowed by law.
